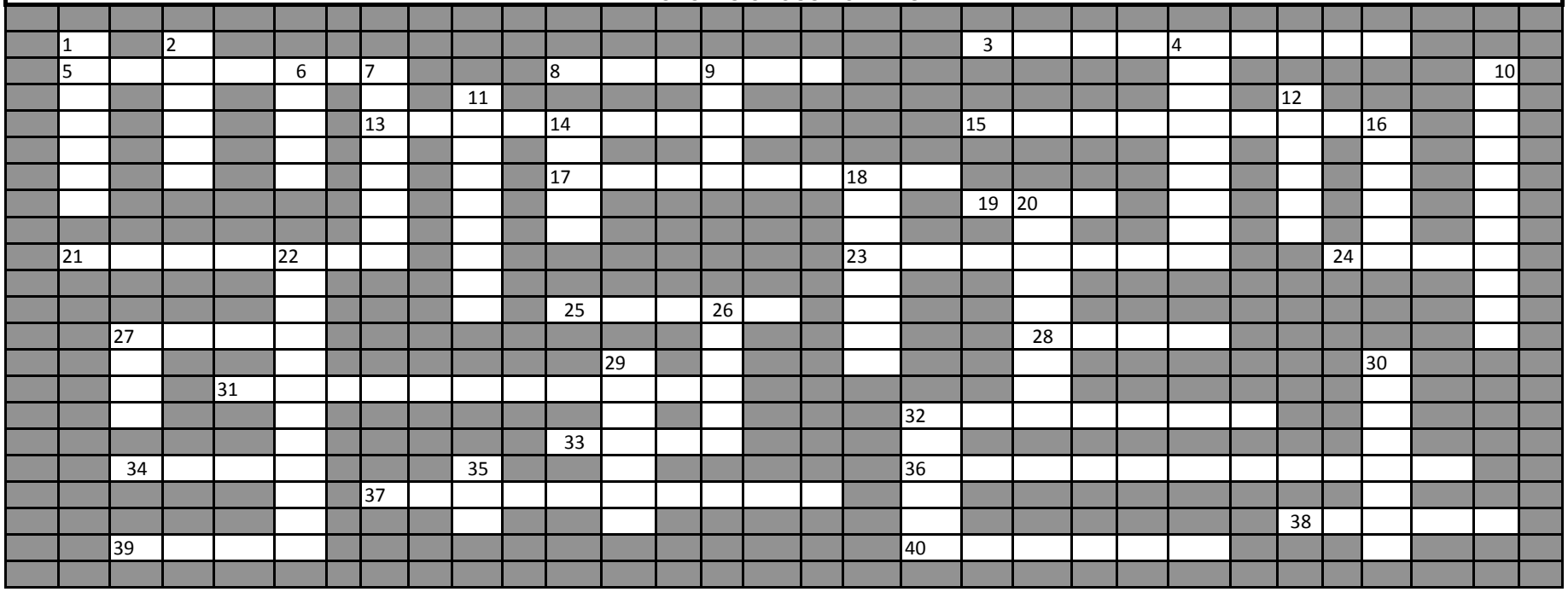VITAL CYCLES CROSSWORD PUZZLE