

VITAL CYCLES CROSSWORD HINTS

DOWN

- 1 Survivor to _____.
- 2 "authentic core" _____.
- 4 Important skill/technique.
- 6 Opp. Of disbelief.
- 7 "more joy" step.
- 10 A party is an example.
- 12 Inner _____.
- 14 Alternative to a face meeting.
- 16 Development/progress.
- 18 Deciding/picking
- 20 Responsible for choices/actions/responses
- 22 Freedom/self-reliance
- 26 Be _____ with yourself.
- 27 Fun, frolic, recreation.
- 29 Type of event.
- 30 It takes _____ to become a habit.
- 32 _____ guidelines. Protection.
- 35 _____ in the sun. Enjoyable.

ACROSS

- 3 Consistent values(Principle)
- 5 Opposite of sick.
- 8 Take this. Opp. Of inertia.
- 9 _____ child.
- 11 Healing memories workshop.
- 13 Opp. Of reject (Step)
- 15 _____ our inner child/children.
- 17 Help others.
- 19 Extreme pleasure.
- 21 Repairing, alleviating, restoring.
- 23 Opp. Of closing.
- 24 Online _____.
- 25 Extreme giggle.
- 27 Type of walk.
- 28 Ego/individual/personality
- 31 Individual sense of honor/dignity.
- 32 Other members provide_____.
- 34 Opp. Of despair.
- 36 Opp. Of rigid (a step).
- 37 Need to set and maintain.
- 38 Concentration. To fix on target.
- 39 Vital Cycles tools help us to _____
With adversity.
- 40 Flexible workshop(2 words).